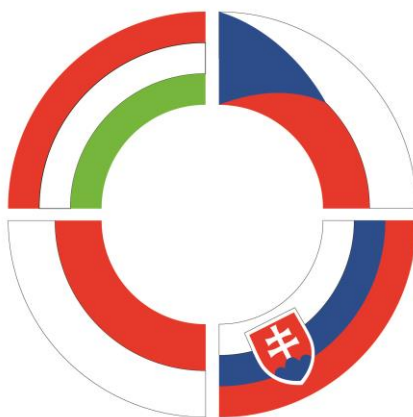


International Visegrad Match of Athletes U20

Kolín, Czech Republic 23.8.2022



INSTRUCTIONS

-
- [Visegrad Fund](#)
-
-

16.5.2022 in Kolín

INSTRUCTIONS for foreigners

Date: Tuesday 23. August 2022

Venue: Kolín, CZE GPS 50°2'8.78"N; 15°11'32.39"E

Director – contact person: Mgr. Antonín Morávek

gsm +420 732 107 017, antonio.moravek@seznam.cz

DEADLINES:

- up to 18.7.2022 send request for accommodation and meals by e-mail to antonio.moravek@seznam.cz (see form below)
- up to 9.8.2022 send definitely version of application by e-mail to antonio.moravek@seznam.cz (see form below)
- up to 9.8.2022 send by e-mail (antonio.moravek@seznam.cz) preliminary invoice for transport

Application: Definitely version with stamp and signature give during accreditation 22.8.2022, small changes in nomination will be allowed.

Accommodation: address of hotel - High School of Informatics and Communications, Jaselská 826, Kolín, GPS [50°1'18.408"N](#), [15°12'27.945"E](#)

Accommodation from 22.8. to 23.8.2022 is free for 40 athletes and 10 accompaniment.

Meals: You will have free dinner on 22.8.2022 and breakfast on 23.8.2022. After Match we will hold "After team party" on athletic stadium with snack bar.

Transport allowance: You give transport allowance:

Bratislava 290 km = 1035 EUR, Wrocław 230 km = 820 EUR, Budapest 490 km = 1745 EUR

Original of invoice You will give me on 22.8.2022 !!!

Into Invoice You write:

supplier = your Athletics Federation (Do not forgive all details for international payment = account number, IBAN, SWIFT or BIC code, all name and seat of Your organization include BIN number) - in english

subscriber = Tělocvičná jednota Sokol Kolín-atletika (Unity of Czech Sokol Kolín-athletics), Brankovická 979, 280 02 Kolín 5, Czech Republic, IČ(=BIN) 75123843

text = transport from to Kolín and back for International Visegrad Match of Athletes U20, date 22.8.2022-23.8.2022

Preliminary program 2022:

Monday 22.8.2022

15,00 – 19,00	arrive and accomodation
16,00 – 18,00	official training on atheltics tadium
17,00 – 19,00	accreditation on athletics stadium
20,00 – 23,00	technical meeting of team-leaders

Tuesday 23.8.2022

10,00 – 14,00	trainings on stadium (facultative)
15,00	opening ceremony
15,15 – 19,00	competitions
19,30	victory ceremony (teams)
19,30 – 21,30	„After party snack“ on athletics stadium
21,30	departure

Type of match: match of representational units of individual regions from V4 and central European region

System of competition: Teams of boys and girls teams collect points in its competitions by location. Maximum 40 athletes together. Point system 9-7-6-5-4-3-2-1 point. The end result is the sum of point gains boys and girls from a representational whole. (Points of boys + girls = result points the whole representation).

Competitions of individuals: for best 3 individuals in each discipline will be medal and diploma.

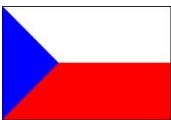







Categories: U20 (born 03, 04, start allowed for 05, 06), Maximum 40 athletes together boys and girls, maximum two (2) athletes in each event and 2 relays.

Disciplines:

boys – 100 m, 200 m, 400 m, 800 m, 1500 m, 110m hurdles, long jump, high jump, pole vault, shot put 6 kg, javelin 800 g, discus 1,75 kg, 4 x 100 m

girls – 100 m, 200 m, 400 m, 800 m, 1500 m, 100m hurdles, long jump, high jump, pole vault, shot put 4 kg, javelin 600 g, discus 1 kg, 4 x 100 m

Participation confirmed:

	<p>Středočeský krajský atletický svaz (CZE) <i>Central Bohemian Athletic Federation</i></p>	
	<p>Dolnoslaski Związek Lekkiej Atletyki (POL) Lower Silesia Athletics Association <i>Dolnoslezský atletický svaz</i></p>	
	<p>Atletický zväz Bratislavy (SVK) <i>Athletic Federation of Bratislava</i></p>	
	<p>Budapesti Atlétikai Szövetség (HUN) <i>Budapest Athletic Association</i> <i>Budapešťský atletický svaz</i></p>	

Time schedule:

15.00	OPENING CEREMONY						15.00
15.15	800 m W		discus M			pole M	15.15
15.25	800 m M						15.25
15.40	200 m W						15.40
15.50	200 m M						15.50
16.05	<i>I. Victory ceremony (800 m M+W, 200 m M+W)</i>						16.05
16.15		javelin W			long M		16.15
16.20			discus W				16.20
16.25	110 m hu. M			shot M			16.25
16.40	100 m hu. W					high W	16.40
16.55	100 m M						16.55
17.05	100 m W					pole W	17.05
17.20	<i>II. Victory Ceremony (pole M, discus M, javelin W, long M, 110m hu., 100m hu, 100 m M+W)</i>						17.20
17.35	1500 m M	javelin M			long W		17.35
17.45	1500 m W			shot W		high M	17.45
18.00	400 m M						18.00
18.10	400 m W						18.10
18.20	<i>III. Victory Ceremony (shot M, discus W, high W, pole W, 1500 M+W, 400 m M+W)</i>						18.20
18.40	4 x 100 m M						18.40
18.50	4 x 100 m W						18.50
19.05	<i>IV. Victory Ceremony (high M, javelin M, long W, shot W, 4x100m M+W)</i>						19.05

Request for accomodation and meals (send up to 18.7.2022)

Name of team:	
	Accomodation 22.8. – 23.8.2022 + diner 22.8. + breakfast 23.8.
	<i>Free for 40 athletes and 10 coaches</i>
Fill number	

Applications send up to 9.8.2022

Application - team:
maximum 40 athletes together boys and girls!!

nr.	name and surname	birth YYYYMMDD	discipline	season best
BOYS				
1			100 m	
2			100 m	
3			200 m	
4			200 m	
5			400 m	
6			400 m	
7			110 m hurdles	
8			110 m hurdles	
9			800 m	
10			800 m	
11			1500 m	
12			1500 m	
13			long jump	
14			long jump	
15			high jump	
16			high jump	
17			pole vault	
18			pole vault	
19			shot put 6 kg	
20			shot put 6 kg	
21			javelin 800 g	
22			javelin 800 g	
23			discus 1,75 kg	
24			discus 1,75 kg	

Application - team:

maximum 40 athletes together boys and girls!!

nr.	name and surname	birth YYMMDD	discipline	season best
GIRLS				
1			100 m	
2			100 m	
3			200 m	
4			200 m	
5			400 m	
6			400 m	
7			100 m hurdles	
8			100 m hurdles	
9			800 m	
10			800 m	
11			1500 m	
12			1500 m	
13			long jump	
14			long jump	
15			high jump	
16			high jump	
17			pole vault	
18			pole vault	
19			shot put 4 kg	
20			shot put 4 kg	
21			javelin 600 g	
22			javelin 600 g	
23			discus 1 kg	
24			discus 1 kg	

Application - team:

Starts out of team competition

nr.	name and surname	birth YYMMDD	discipline	season best
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Partners



KOLÍNSKÝ
TYDENÍK
PREŠ